

# Day To Feel Alive

**COPPER** **KNOB**  
BYEPOSTETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver / Intermediate



**Chorégraphe:** Séverine Fillion (FR) & Arnaud Marraffa (FR) - March 2023

**Musique:** Day To Feel Alive - Jake Reese

**Intro : 8 counts**

**[1-8] ROCK FWD RIGHT & LEFT, BACK STEP LOCK STEP, FULL TURN RIGHT BACKWARD**

1-2 Rock step right fwd, recover on left  
& Right next to left  
3-4 Rock step left fwd, recover on right  
5&6 Left step back, right cross over left, left step back  
7-8 1/2 turn right stepping right fwd, 1/2 turn right stepping left back 12:00

**[9-16] SIDE ROCK & SIDE - TOUCH, SIDE TRIPLE STEP, SAILOR 1/4 TURN LEFT**

1-2 Rock step right to right side, recover on left  
& Right next to left  
3-4 Left step to left side, Touch right next to left  
5&6 Triple step right left right to the right  
7&8 Left cross behind right, 1/4 turn left stepping right to right, left fwd 9:00

**[17-24] ROCK FWD, COASTER STEP, SIDE POINT, HOLD, SWITCH SIDE POINT, HOLD**

1-2 Rock step right fwd, recover on left  
3&4 Right step back, left next to right, right fwd  
5-6 Touch left toe to left side, Hold  
&7-8 Left next to right (&), Touch right toe to right side, Hold

**\*\* RESTARTS here on walls 4 & 8 (at 12:00)**

**[25-32] SYNCOPATED JAZZ BOX CROSS, SIDE, BEHIND SIDE CROSS, SIDE SLIDE**

1-2 Right cross over left, left step back  
&3-4 Right to right (&), Left cross over right, right to right  
5&6 Left cross behind right, right to right, left cross over right  
7-8 Large right step to the right, slide left next to right (ending weight on left)

**TAG : Dance this 8 counts after the walls 2 & 6 (at 6:00)**

**[1-8] LARGE STEP DIAGONALLY FWD & DRAG (R & L), WALKS BACK x 2, BACK ROCK**

1-2 Large right step diagonally right fwd, Drag left next to right  
3-4 Large left step diagonally left fwd, Drag right next to left  
5-6 Walk back on right, walk back on left  
7-8 Rock back on right, recover on left

**ENJOY & HAVE FUN !!**